

# The Lenagazette

...a paper for the students, by the students.

February Issue

Lenape Middle School, Doylestown PA

February 2019

## BLACK HISTORY MONTH by Lauren Burchell

February marks Black History Month, a time to celebrate the influential African American figures in history, and pay tribute to the generations of African Americans who struggled with adversity to achieve full citizenship in American society.

We learn from Maya Angelou's literary work to turn our pain into something beautiful. We remember Harriet Tubman as a leader who succeeded against the odds and guided others to freedom. We keep Rosa Parks and Martin Luther King, Jr. in our hearts and minds to stand up against discrimination. We look up to Muhammad Ali and Jackie Robinson who followed their hearts' desires to compete athletically even when they were looked down upon. We acknowledge Barack and Michelle Obama as former leaders of our country and continue to feel their impact today. We honor Crispus Attucks, who was one of the first to die during the fight for our country's freedom. We recall all of the African-Americans who died to help others, all of those who spoke out, all of those who fought to prevail over prejudice. This month reminds us to continue working to make our country and world from discrimination and violence, and reminds us to thank all the leaders and citizens who have helped us make progress this far.

Join the Doylestown community in a day of service hosted by CB-Cares on February 18, 2019. To honor Martin Luther King's revolutionary spirit, reflections will be shared by a special keynote speaker Sonja Burrus, as well as special performances by Central Bucks students. For additional service opportunities, check out [cb-cares.org](http://cb-cares.org) to volunteer. Walk-ins welcome!

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**Save the Date**  
**POSTPONED 2/18/19**

**CB-CARES EF HOSTS**  
**16th ANNUAL**  
**MARTIN LUTHER KING, Jr.**  
**Day of Service**

Opening Ceremony  
Second Baptist Church of Doylestown  
8:30 AM

## THE HISTORY OF VALENTINE'S DAY by Madeline Cutting & Illustration by Emma Barmach

Everyone knows Valentine's day as the classic holiday in the middle of February where we show our love to our significant others, friends, and family. But do you know the origin of Valentine's Day? It is not something we usually think about—how Valentine's Day came to be, but there is a history about why we celebrate this day of love.

Valentine's Day originates from the Roman festival of Lupercalia. The festival, which celebrated the coming of spring, included the pairing of women and men by lottery. Pope Gelasius replaced Lupercalia with Valentine's Day at the end of the 4th century.

So how did this day of love get its name? History shows it may have been created by a priest who was killed by the emperor Claudius II Gothicus. According to legend, the priest signed "from your Valentine" in a letter to his jailer's daughter, who he had befriended. It is also said that it was St. Valentine of Terni, a bishop, who the holiday was named after, but it is possible the two saints were actually one person. Another common legend says that St. Valentine resisted the emperor's orders and secretly married couples to save the husbands from going to war. It is said that this is why the day is associated with love (continued on page 3).



## February Feature: Jokes!

Cheer up your friends this month with these easy to remember one liners.

By Daniel Misciagna and Nicholas Richmond

### Cheese Jokes

A tornado destroyed a French cheese factory.  
All that was left was de Brie.

Which genre of music appeals to most cheeses?  
R n' Brie

What do you call a sad piece of cheese? Blue cheese.

### Animal jokes

What do you call a sleeping bull?  
A bull-dozer.

What do you give a dog with a fever?  
Mustard! It helps all hot dogs.

How do spiders communicate?  
The world wide web.

Why is a bee's hair always sticky?  
Because it uses a honey comb.

Where did the cat go when it lost its tail? The retail store.

Who makes dinosaur clothes?  
A dino-sewer.

What do fish eat to stay healthy? Vitamin sea.

### Sports Jokes

Why would it be hard to marry a tennis player?  
Because love means nothing to them.

Why did the golfer where two pairs of pants? In case he got a hole in one.

The boating store was having a sale on canoes. It was quite the oar deal.

## Mystery Staff Match

By Grace Folkins and Alexandra Gitman

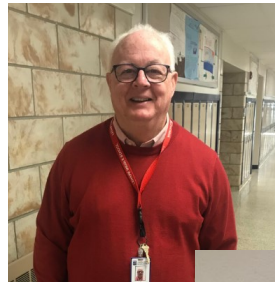


There are 5 Lenape staff members listed below—out of order from their fun facts! Guess to the best of your ability to match the facts to the staff member.



MRS. DEPALMA

- \* Used to be a school principal
- \* Taught the parents of 5 students that currently go to Lenape
- \* Loves Ocean City, NJ



MR. FITZ

- \* Favorite football team is the Tennessee Titans.
- \* Loves professional wrestling
- \* Was put into Slytherin by the Sorting Hat



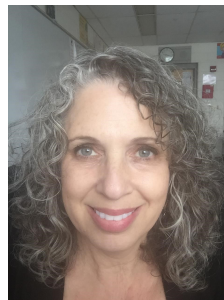
MR. GREENBAUM

- \* Favorite color is green
- \* Hates snow
- \* Has been in Europe three times



MS. HUGHES

- \* Has taught yoga and meditation for many years
- \* Recently moved from one apartment to an identical one (0.1 miles apart)
- \* Some of their former students are in their 50's



MADAME GLUCK

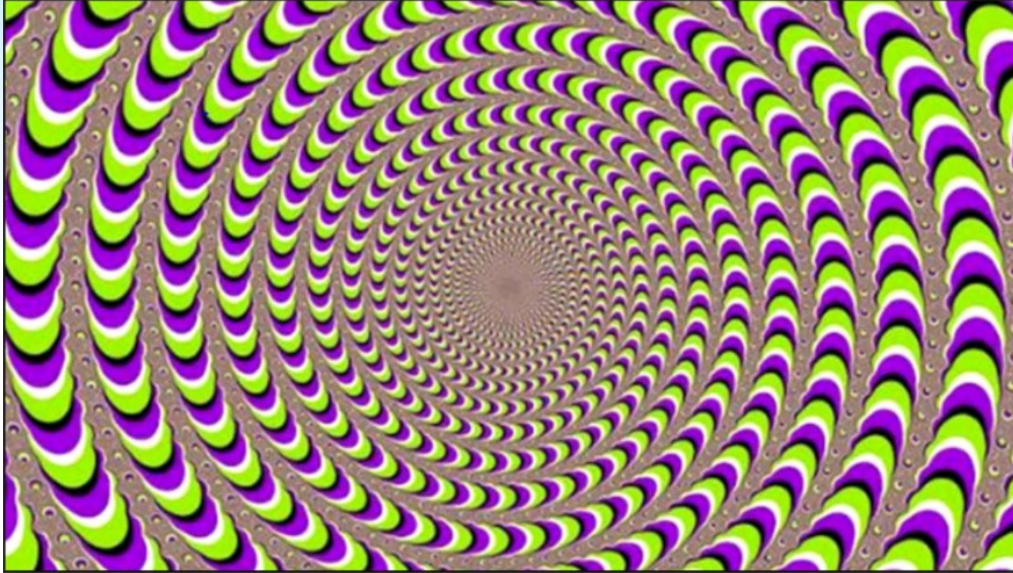
- \* Pole vaulted in high school
- \* Loves to travel
- \* Had two majors in their content area, plus a minor in Sociology

**For answers, check page 3!**

# *Trick of the Day* by Alexandra Gitman

**\*CHALLENGE IS POSTED BELOW THE ILLUSION\***

Stare directly into the center of the illusion and wait to see something move.



**CHALLENGE: CREATE YOUR OWN OPTICAL ILLUSION AND SEND AN ELECTRONIC COPY OR A PHOTO OF YOUR ILLUSION TO [cmooradd@cbssd.org](mailto:cmooradd@cbssd.org) FOR YOUR CHANCE TO WIN A PRIZE!**

Optical Illusions are one of the most popular tricks that anyone can be amazed by. How many times have you been dumb-founded just by looking at an optical illusion? I'm guessing a handful of us. Yet, many of us don't know what type of illusions there are.

Literal Illusions create images that are different from the objects that make them. Physiological Illusions are effects on the eyes and brain of excessive stimulation of a specific type. For example, brightness, tilt, color, and movement are all controlled by physiological illusions. Cognitive Illusions are when the eye and the brain both make unconscious inferences. An example of cognitive illusions would be the one above. You think it's swirling, but in reality, it isn't moving at all, it's just a picture on paper.

**THE HISTORY OF VALENTINE'S DAY** (continued) Valentines first appeared in the 1500s, and by the late 1700s printed cards were being sold and produced. The first Valentines in the U.S. were printed in the mid-1800s, and to this day commonly include Cupid, the Roman god of love. Valentine's Day is celebrated in the U.S., Britain, Canada, Philippines, Australia, Argentina, France, Mexico, and South Korea. In the Philippines; it is the most common wedding anniversary. Mass weddings of hundreds of couples are not uncommon on this day!

As you can see, Valentine's Day has a lot more to it than what meets the eye. The history of the holiday makes it what it means to us today, and learning about it is exciting! I hope you have fun with your family and friends this Valentine's day, and make sure to show appreciation to the people you love. Happy Valentine's Day!

**Mystery Staff Match Answers:** (From the Top) Ms. Hughes box 5; Mr. Fitz box 1; Mrs. DePalma box 3; Mr. Greenbaum box 2; Madame Glück box 4

## Dark Chocolate Fun Facts

by Nitya Nadimpalli



Dark chocolate has many hidden powers. It is very nutritious and is a powerful source of antioxidants for your body. Antioxidants are generally found in berries. Eating dark chocolate may reduce your risk of getting heart disease. In fact, eating dark chocolate at least 5 times a week can reduce the risk of heart related diseases. Eating a piece of dark chocolate at breakfast can help stabilize your mood and enhance your happiness throughout the day. Dark chocolate can also protect your skin from the harmful UV rays of the sun. Do you want to lose weight? If you do some dark chocolate helps you lose weight. One type of chocolate is Ghirardelli Intense Dark. It contains 86% cacao. If you want to be smarter, eat some dark chocolate daily. It can improve the function of your brain, and it tastes pretty good. So, eat some dark chocolate and be healthy!

## Recipe of the Season:

### Flourless Dark Chocolate Cookies

by Nitya Nadimpalli and Emily Anton  
**Ingredients**

- \* 1 ½ cups bittersweet chocolate chips, divided (about 9 ounces)
- \* 3 large egg whites
- \* 2 cups powdered sugar, divided (can also use granulated sugar)
- \* ½ cup unsweetened cocoa powder
- \* 1 tablespoon cornstarch
- \* ¼ teaspoon salt

#### Directions

1. Preheat oven to 400°F Spray 2 large baking sheets with nonstick spray. Melt 1 cup chocolate chips in glass bowl in microwave, stirring twice, about 2 minutes. Cool slightly.
2. Using electric mixer, beat whites in large bowl to soft peaks. Gradually beat in 1 cup sugar. Continue beating until mixture resembles soft marshmallow creme.
3. Whisk 1 cup sugar, cocoa, cornstarch, and salt in medium bowl to blend. On low speed, beat dry ingredients into meringue. Stir in lukewarm chocolate and ½ cup chocolate chips (dough will become very stiff).
4. Roll 1 rounded tablespoon dough into ball (can coat in additional sugar if you want).
5. Place on prepared sheet. Repeat with remaining dough, spacing 2 inches apart. Bake until puffed and tops crack, about 8-10 minutes (don't overbake!). Cool on sheets on rack 10 minutes. Transfer to rack; cool.

## STUDENT ARTWORK

Medium: chalk, construction paper



## *Student Poetry*

### *“Happiness” by Ellie Q.*

Happiness and excitement fill my heart  
as I drop my shoes

And run through the sand

A slight breeze laughs in my ears

Urging me to keep running

I plunge my feet into the soft, cool sand

So different from the heat it held during the day

There are large puddles near the shore

Left from high tide

They look almost black in the dark of the night

I hear voices

As my aunt and cousin stroll behind me

Sharing my joy in the magnificence of the  
evening we had

My feet sink into the pool of water

Almost reaching to my knees

Making me shiver at the sudden touch of cold

They catch up to me and we climb-

Heaving ourselves up step by step, onto the  
lifeguard chair

The moonshine washes over our faces

As we huddle up on the chair

Staring at the night sky

The full moon casts a bright glow over the calm  
ocean

And I feel at peace with everything

All my problems seem to disappear from my  
mind

And at that moment

I love everyone, and I feel so loved

I wish I could stay right here like this forever

And ever

And ever

Happiness and excitement stay in my heart as I  
pick up my shoes

And walk up the dunes

Heading for home.

## Rebus Puzzles submitted by Riya Mallavarapu

Heads Heels	Secret Secret Secret	Chance
I right I	History History History	Ice <sup>3</sup>
M1llion	G F O N I L O	Do do list

## Boomerang Recognition



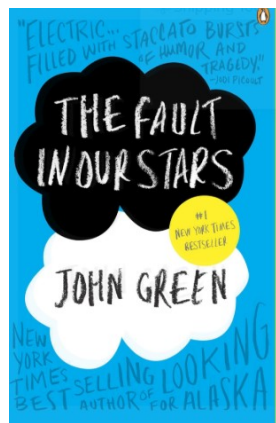
Congratulations Gavin McCusker for winning the December Boomerang Award!

**Answer Key:** 1. Head over Heels 2. Top Secret 3. Fooling Around 4. Right Between the Eyes 5. History Repeats itself 6. Ice Cube 7. One in a Million 8. To Do List 9. To Do List

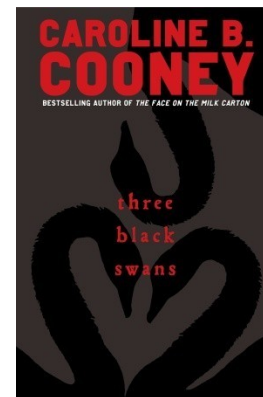
**Reader's Corner:** Lenagazette staff member Lauren Burchell dishes on her favorite books this season.



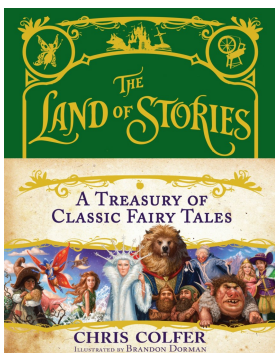
*Five Feet Apart* by Rachael Lippincott: A poignant novel about two teens who have cystic fibrosis who can't get close to each other lest they catch each other's illness, which could kill them, yet they still fall in love; this is also going to become a movie!



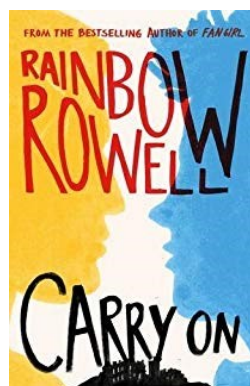
*The Fault in our Stars* by John Green: A classic beloved by all teens; you can also watch the movie!



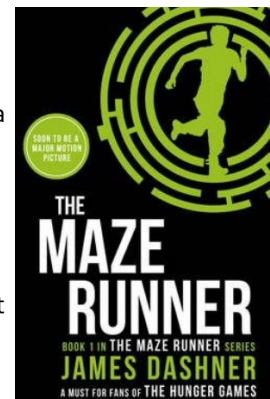
*Three Black Swans* by Caroline Cooney: An exhilarating mystery that will have you contemplating the true bonds of sisterhood.



*The Land of Stories* series by Chris Colfer: two children discover a fantastical land, fighting evil forces throughout the books.



*Carry On* by Rainbow Rowell: a more teen-oriented book of magic than Harry Potter (with a sequel coming out this year!)



*The Maze Runner* by James Dashner: An action packed story perfect for fans of dystopias, post-apocalyptic novels, or science fiction.

Like critiquing books, movies, or video games? Email your review to [cmooradd@cbsd.org](mailto:cmooradd@cbsd.org)